



Garlic Tablets Specifications

Suggested Garlic formulas based on several clinical studies & research

Garlic powder conversion: 1 medium Fresh clove= 550mg-650mg garlic powder.

Recommended garlic : **NewGar®(the new & improved Nutra-Gar) nutraceutical deodorized garlic hand picked, free of specs, naturally low micro, & available in allicin potential from 2000-12000 ppm**

Stability of garlic tablets/Caplets: It is recommended to use 7-10 % overage in caplets/tablets production to insure the 100% potency over the two-year shelf life of the tablets.

High Potency / Anti-oxidant/Cardio,and/or GI Formulas(2/day)

(Enteric coated is recommended (All Formulas) for the allicin to produce in the intestinal level bypassing the gastric acid, & in order to produce the expected level of allicin in the body, 4000 mcg of allicin per min per gram of garlic powder is recommended)

Use min 10000 ppm allicin garlic powder :

| | <u>Powder</u> | | <u>Caplets/Tablets</u> | |
|--------------|---------------|-----------------------|------------------------|-----------------------|
| | | (600mg garlic) | (500mg garlic) | (400mg garlic) |
| Allicin | 10000 ppm min | 6000 ppm min | 5000 ppm min | 4000 ppm min |
| Total Thio | 10100 ppm min | 6000 ppm min | 5000ppm min | 5000 ppm min |
| Alliin | 23000 ppm min | 13800 ppm min | 11500ppm min | 9200ppm min |
| GGC | 8000 ppm min | 4800 ppm min | 4000ppm min | 3200 ppm min |
| Total Sulfur | 6500 ppm min | 3900 ppm min | 3250ppm min | 2600 ppm min |

Immunity Formula- (2/day)

Use min 8000 ppm allicin garlic powder:

| | <u>Powder</u> | <u>Caplets/Tablets(300 mg garlic)</u> |
|--------------|-------------------|---------------------------------------|
| Allicin | 8000 ppm min | 2400 ppm min |
| Total Thio | 8500 ppm allicin | 2550 ppm min |
| Alliin | 18000 ppm allicin | 5400 ppm min |
| GGC | 8000 ppm allicin | 2400 ppm min |
| Total Sulfur | 6500 ppm allicin | 1950 ppm min |

Maintenance/ Anti-Viral Formula- (3/day)

Use min 2000 ppm allicin garlic powder:

| | <u>Powder</u> | <u>Caplets/Tablets (600 mg tablets)</u> |
|--------------|---------------|---|
| Allicin | 2000 ppm min | 1200 ppm min |
| Total Thio | 2000 ppm min | 1200 ppm min |
| Alliin | 10000 ppm min | 6000 ppm min |
| GGC | 20000 ppm min | 12000 ppm min |
| Total Sulfur | 8000 ppm min | 4800 ppm min |

Other combination garlic Formulas are available. garlic/CoQ10, garlic/selenium, garlic/Broccoli, garlic/parsley, garlic/cayenne, garlic/ginkgo, garlic/lecithin, garlic/echinacea/goldenseal, garlic/enzymes & more..

New-Gar ® is available in powder (2000-12000), coated tablets, soft gels & oil forms.

Call us to discuss your garlic needs.

Mary Hasrouni: mary@nature4science.com or nature4science@aol.com